**Pick 5 Survey**

In your opinion, which of the five following options are most essential to a good quality of life? (Circle 5.)   
*(From Buy, Use, Toss, Happiness Chapter [7], found at http://www.facingthefuture.org/Curriculum/BuyCurriculum/BuyUseToss/tabid/469/Default.aspx)*

Monetary wealth

Democratic government  
Good physical and mental health

Spending time with family and friends

Healthy natural environment

Peace and security

Having a nice home

Participating in community events

Time for hobbies and recreation

Travel and vacation time

Volunteering or helping others

Being famous

Living in a clean and safe neighborhood

Spirituality/religion

Saving money for retirement

Being able to buy nice things

Education

Time for watching television

Time for social media sites

Participating in local or national politics

A rewarding job

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